
**Question: During childhood, what goal did (or do) you stick with MOST?**

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>17 %</td>
<td>100</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>28 %</td>
<td>163</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>47 %</td>
<td>267</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>5 %</td>
<td>33</td>
</tr>
</tbody>
</table>

Total Votes: 563

**Demographic Data**

<table>
<thead>
<tr>
<th>Age</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>17 or younger</td>
<td>25 %</td>
<td>145</td>
</tr>
<tr>
<td>18 - 29</td>
<td>30 %</td>
<td>173</td>
</tr>
<tr>
<td>30 - 45</td>
<td>20 %</td>
<td>117</td>
</tr>
<tr>
<td>46 - 59</td>
<td>19 %</td>
<td>110</td>
</tr>
<tr>
<td>60 or older</td>
<td>3 %</td>
<td>18</td>
</tr>
</tbody>
</table>

Total Votes: 563

<table>
<thead>
<tr>
<th>Gender</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>44 %</td>
<td>248</td>
</tr>
<tr>
<td>Female</td>
<td>55 %</td>
<td>315</td>
</tr>
</tbody>
</table>

Total Votes: 563

<table>
<thead>
<tr>
<th>Location</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Midwest</td>
<td>52 %</td>
<td>296</td>
</tr>
<tr>
<td>Northeast</td>
<td>14 %</td>
<td>82</td>
</tr>
<tr>
<td>South</td>
<td>11 %</td>
<td>62</td>
</tr>
<tr>
<td>West</td>
<td>19 %</td>
<td>112</td>
</tr>
<tr>
<td>Other</td>
<td>1 %</td>
<td>11</td>
</tr>
</tbody>
</table>

Total Votes: 563
# Option Percentage Votes

**Question:** During childhood, what goal did (or do) you stick with MOST?

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>28%</td>
<td>163</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>45%</td>
<td>267</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>47%</td>
<td>79</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>4%</td>
<td>8</td>
</tr>
</tbody>
</table>

Total Votes: 173

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>30%</td>
<td>117</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>24%</td>
<td>33</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>45%</td>
<td>59</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>7%</td>
<td>9</td>
</tr>
</tbody>
</table>

Total Votes: 117

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>17%</td>
<td>10</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>4%</td>
<td>5</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>42%</td>
<td>67</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>6%</td>
<td>10</td>
</tr>
</tbody>
</table>

Total Votes: 248

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>24%</td>
<td>36</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>45%</td>
<td>66</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>26%</td>
<td>39</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>2%</td>
<td>4</td>
</tr>
</tbody>
</table>

Total Votes: 145

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>28%</td>
<td>50</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>20%</td>
<td>33</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>45%</td>
<td>79</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>4%</td>
<td>8</td>
</tr>
</tbody>
</table>

Total Votes: 173

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>4%</td>
<td>14</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>29%</td>
<td>86</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>57%</td>
<td>169</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>9%</td>
<td>27</td>
</tr>
</tbody>
</table>

Total Votes: 296

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>42%</td>
<td>35</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>7%</td>
<td>6</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>46%</td>
<td>38</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>3%</td>
<td>3</td>
</tr>
</tbody>
</table>

Total Votes: 82

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>3%</td>
<td>2</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>11%</td>
<td>7</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>62%</td>
<td>51</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>3%</td>
<td>2</td>
</tr>
</tbody>
</table>

Total Votes: 62

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>42%</td>
<td>48</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>53%</td>
<td>60</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>3%</td>
<td>4</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>0%</td>
<td>0</td>
</tr>
</tbody>
</table>

Total Votes: 112

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>9%</td>
<td>1</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>36%</td>
<td>4</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>45%</td>
<td>5</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>9%</td>
<td>1</td>
</tr>
</tbody>
</table>

Total Votes: 11

<table>
<thead>
<tr>
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<th>Votes</th>
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<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>28%</td>
<td>36</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>45%</td>
<td>66</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>26%</td>
<td>39</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>2%</td>
<td>4</td>
</tr>
</tbody>
</table>

Total Votes: 138

<table>
<thead>
<tr>
<th>Option</th>
<th>Percentage</th>
<th>Votes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trying to stay healthy (diet, exercise)</td>
<td>30%</td>
<td>97</td>
</tr>
<tr>
<td>Learning a new skill (sports, playing an instrument)</td>
<td>15%</td>
<td>48</td>
</tr>
<tr>
<td>Academics (reading, writing, math)</td>
<td>47%</td>
<td>149</td>
</tr>
<tr>
<td>Setting a budget for saving and spending</td>
<td>6%</td>
<td>21</td>
</tr>
</tbody>
</table>

Total Votes: 315